Newlife Inner Healing Ministry Explanation

What is inner healing?

It is the healing of emotions, feelings, memories, trauma, sins and wounds, etc. within the soul or mind, and/or healing of sins, wounds, curses, fear, rebellion, idolatry, demonic activity, etc. within a person's spirit.

Why do Christians need inner healing since they are new creations in Christ?

2 Corinthians 5:17 says "Therefore if anyone is in Christ, the new creation has come: the old has gone, the new is here!" The bible also says in Romans 12:2 "Do not conform to the pattern of this world, but be transformed by the renewing of your mind." Sanctification is a process. When we are born again in Christ, we are changed by Holy Spirit who comes and dwells within us. He becomes our source of healing in every way into whatever areas of our own spirits and souls, we allow Him access. Often, the soul hangs on to sins, wounds, unforgiveness, unhealthy patterns, etc. that continue to cause us pain and dysfunction. It is our choice whether we will partner with God to heal every part of us.

How do I know if I need inner healing prayer?

If you recognize destructive or unhealthy patterns in your life that do not change enough with prayer and/or counseling and are causing regular pain, sin, depression, anxiety, bitterness, anger, evil thoughts or self-destructive patterns, etc. inner healing prayer can help you breakthrough to become your better and best self.

What is an Inner Healing Prayer appointment like?

The appointment is a 1-2 hour session with you at Newlife church, and 2-3 Inner Healing Team members. Each member will have a specific role in your session but most importantly the whole session must be directed by God and His immediate plan and methods for prayer. Each person's experience is different, but the results are usually positive. Most people experience a greater revelation of God's love, encouragement, a healthy release of emotions, forgiveness, new perspectives, freedom, etc.

Is this like a counseling appointment?

No this is not a counseling appointment although the team will interview you and find out your needs for healing. You assume all responsibility for your prayer session and can limit or redirect the prayer time.